

## **Behavioral Health Work Group Committee Meeting Minutes**

**Date/ Location:** May 3, 2017, Shenandoah Community Health Center is located at 99 Tavern Road in Martinsburg

**Attendees:** Nathan Cook, John Aldis, Kristen Gingery, Valerie Gorman, Keith Gostel, Candace Wilson, Amanda Huffman, Sharlene Liberto, Caroline Mcleod, Rita Quinn, Christin Rice, and Kija Wilson.

**Next Meeting:** June 7, 2017

### **I. Welcomes and Introductions**

### **II. New Business:**

- a. Giselle asked the group if they would like to have a speaker/presenter at each meeting. The group responded with a general consensus that this would be beneficial.
- b. Christin reported that we could dedicate a time during each meeting to update the Behavioral Health Fact Sheet with emerging issues and statistics.
- c. Caroline reported that we should be mobilizing the community to get people into treatment.
- d. Dr. Aldis spoke to the success of the Berkeley County Harm Reduction program. He also reported that he attended *The SMART Choice in Sweden: Youth Tobacco and Drug Use Prevention talk from Slim Lidén* earlier in the week. Slim Lidén stated that current research suggests that there is a relationship between youth nicotine addiction and opioid addiction later in life. Dr. Aldis asked if there was anyone working on youth tobacco prevention in the area. Caroline stated that she would send Dr. Aldis contact information for Holly Higgs.
- e. Amanda reported that she would like to begin building a safe, healthy relationship with the community. She suggested that we could host a block party/resource fair at one of the public housing apartment complexes in Jefferson County.
- f. Caroline reported that “Try This WV” has mini grant opportunities that the group could apply for to fund these efforts.
- g. Keith suggested we should reach out to HART to help promote these efforts as well.
- h. Valerie will contact the Berkeley and Morgan Counties EMS representatives regarding speaking to our group. Caroline will send Giselle the contact information for Jefferson County EMS.

- i. Gisselle encouraged individual group members to pick attainable goals related to the Work Plan and begin working on these goals.

### **III. Old Business:**

- a. The closure of last month's agenda items:
  - 1. **MTM transportation barriers:** One of the ER doctors from the hospital is spearheading this effort along with Tim Czaja from the Berkeley Day Report Center.
  - 2. **Behavioral Health Matrix Updates:** Christin reported that she sent out the matrix via email to the Work Group with only 2 responses. She also passed around the copy of the Matrix at a previous meeting and asked members to write in any necessary changes or additions. Christin stated that the original document was the product of a Behavioral Health Work Group subcommittee. She encouraged the creation of a subcommittee to update the matrix and stated the FRN can make the edits once they have been identified.
  - **Recovery Fair October:** Valerie reported that the hospital is working on creating a Resource Fair for Recovery Services that would specifically include all of the community services that provide recovery treatment. HART and BMC are working together to create this fair. Dr. Joy Buck is planning on applying for funding to acquire a nationally known speaker. The hope for 2018 would be to expand this model into a Mental Health Summit with panelists.
  - A similar fair tailored to Mental Health services is being planned for Mental Health Awareness month next May.

### **IV. Updates and Announcements:**

- a. Christin: the HHSC Quarterly meeting will take place at 8:30 on May, 5<sup>th</sup> at the Berkeley County DHHR.
- b. Berkeley County Health Department's Harm Reduction program is open on Wednesdays from 12-2. The focus is on prevention, and they are looking for volunteers.
- c. WVU Center for Excellence has Traumatic Brain Injury services available for individual suffering from TBIs and their families. They could be eligible for \$1500.00 worth of funding through the "Funds for You" program.

