

Health Work Group

Meets 3rd Thursday of each month @
Hospice of the Panhandle / 330 Hospice Lane, Kearneysville, WV 25430

Minutes /April 16, 2017**Welcome and Introductions:**

Welcome and Introductions – Samantha Barrett: Shenandoah Community Health , Sue Flanagan: WVU Extension Services, Michele Goldman: EPCC, Kristen Gingery: Family Resources Network; Dana DeJarnett: The Wellness Center (part of Berkeley Medical Center), Judy Jones: Healthier Jefferson County, Valerie Moreno: Panhandle Home Health, Germaine Gauthier-Schwartz: Jefferson County Council on Aging, Julia Yuhasz: Hospice, and Douglas Anderson: volunteer.

Approval of February's Minutes: Minutes were approved

Acknowledgements: no report

Discussion: Follow up on February's discussion

Dana provided a brief update on the CHNA: Dr. Joy Buck has been meeting with medical leaders in the community and they have named 2 champions from Berkeley and Jefferson Medical Centers. There are several focus areas emerging from the data:

1. Maternal and Prenatal health including: prevention of neonatal complications
2. Primary and Secondary prevention of cancers
3. Behavioral Health
4. Chronic Diseases Prevention

Dana will check with Joy to see if the CHNA report is finished and accessible. They have assigned individuals to follow up with several focus areas of concern.

The group discussed asking Dr. Emma Eggleston to present in May and Dr. Joy Buck to present in June. Judy Jones suggested looking into Sky truth for compiling a resource directory. Paula suggested there could be opportunities available in applying for a Google Grant to create funds for creating a searchable resource directory.

The Community Calendar has been created by the Strong and Stable Families Work Group and is currently being updated and distributed monthly. Another suggestion was made to attend the hospital staff office meetings. The groups suggested we should be targeting certain meetings and adopt a traveling meeting model to educate organizations about available services and resources.

Follow Up/Goals and Development:

The Work Group suggested we should attempt to link resources, information and referrals to organizations and begin to promote programs and classes in the community. (The group agreed that

resources, referrals and communicating information to providers should be combined into one category and linked to program offerings and promoting classes and education.)

Subcommittee reports:

Workplace Wellness: Working on Distribution

Community Awareness:

Shepherd University is hosting a Rural Health and Internship Forum on Friday, April 28th from 2-5pm. This will include the announcement of two new paid internships at the National Rural Health Association or Federal Office of Rural Health Policy. These two paid \$3k stipend internships for students undergraduate or graduate, student/faculty team have been funded for the next 10 years. For more information please contact Mailey at smailey@shepherd.edu or visit <http://www.shepherd.edu/rural-health> .

Look up your legislator's phone number here: <http://www.house.gov/representatives/find/>

Announcements:

- Dana: There is a **Jefferson County Community Baby Shower** on May 6th from 10-2. There will be door prizes and giveaways.
- The **Truffle Shuffle** will take place on April, 29th. All of the money raised will go directly to the school systems. Walk 100 miles in 100 Days will begin on April, 17th. Contact Dana at ddejarnett@wvumedicine.org for more information.
- WVU Extension will be offering **Cook It Healthy and Cheap** Free 6 Class Series beginning in March. These classes will be held at St. Joseph's Church.
- Good Shepherd Interfaith Care Givers: is hosting a **Law Enforcement and First Responders Training on 5/10** at the Sherriff's Office in Jefferson County from 1-3 and 4-6
- A **Faith Based Community Organization Active in Disasters group** is working on local Disaster Preparedness. They would like to include more organizations. The next meeting s will take place on 5/17 at 3pm at Jefferson Community Ministries. Please contact Michele Goldman at mgoldman@wvepfc.com for more information.
- **Youth Tobacco and Drug Use Prevention: The SMART Choice in Sweden with Slim Lidén, "Preventer of the Year" in Sweden (2013) will take place on Tuesday, May 2 from 1-2:30pm** at the WVU Health Sciences Building Classroom on the campus of Berkeley Medical Center. For more information contact Dana DeJarnett at 304-267-1287, ext.31814 or ddejarnett@wvumedicine.org .
- **The HHSC Quarterly Meeting will take place on May 5th from 9-11** at the Berkeley County DHHR. Doors open at 8:30 am for networking and refreshments. The May quarterly meeting will focus on the importance of **Early Childhood Development**, which impacts all of us, the services we provide, and the neighborhoods where we live. Please join us to learn more about why and how all of us are responsible for ensuring that our children get the early childhood support and services they need and why this is so important to the future of our community.

- **Walk with Ease** will take place on Tuesdays, Wednesdays, and Fridays from 9-10am at the Jefferson County Senior Center. They also offer Tai Chi on Fridays from 9-10 and on Mondays from 1-2 during May-June.
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NEXT MEETING: 9am, May 18, 2016
Hospice of the Panhandle
330 Hospice Lane, Kearneysville, WV 25430