



## Health & Human Services Collaborative

*An arm of the Family Resource Network of the Panhandle*

### Behavioral Health Work Group December 2019

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- In 2017 there were 833 drug overdose deaths involving –opioids in West Virginia. And Berkeley County was one of the top four counties for overdose deaths.
- Based on preliminary data, Berkeley County is projected to see between a 17% and 22% decline in 2018 in overdose deaths.
- Through the Berkeley County Health Department's Harm Reduction Program in 2018 , there were 294 reported individuals saved due to Naloxone distribution.
- In 2018, 64 harm reduction participants were linked to recovery treatment.
- Since starting the Harm Reduction Program in April 2017, there have been 744 participants.
- Data from the American Foundation for Suicide Prevention, indicate that, on average, one person dies by suicide every 22 hours in WV. And that suicide was the second-leading cause of death for ages 15-34 during 2017.
- 13% of WV youth have seriously considered attempting suicide in the last 12 months. .Almost 10% actually made a plan about how they would attempt suicide during that year. More than 5% report they had attempted suicide one or more times in the last year. Almost 2% made a suicide attempt that resulted in an injury, poisoning, or overdose requiring treatment by a doctor or nurse.



**Family Resource Network  
of the Panhandle, Inc.**

*Serving Berkeley, Jefferson and Morgan counties*

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#### **Challenges:**

- High rate of alcohol and substance use
- Lack of any local inpatient care for those under 18 years of age
- Extensive waiting lists for access to behavioral health services
- Limited mental health treatment options for youth
- Limited treatment options for Substance Use Disorder
- Limited mental health services focused on the elderly and those in nursing homes

#### **Proposed Strategies:**

- Expand ACES Education
- Increase Mental Health First Aid Trainings
- Promote Growth of 40 Developmental Assets in schools
- Encourage Workplace Wellness Programs that encompass both mental health and physical health
- Advocate for outpatient treatment options for youth and elderly
- Explore options to extend mental health access in nursing homes, senior housing, and programs serving the elderly
- Advocate for local inpatient treatment for youth
- Reduce stigma related to mental health treatment
- Reduce stigma related to addiction

#### **Community Successes:**

- Mountaineer Recovery Center,
- Paloma Crisis Stabilization Unit
- Day Report Centers in Berkeley, Morgan, and Jefferson Counties
- Harm Reduction Program at the Berkeley and Jefferson County Health Departments
- Teen Courts in Berkeley, Morgan, and Jefferson Counties
- Berkeley Medical Center Bridge to Recovery Program
- Access to mental health services in Berkeley and Morgan County schools
- Berkeley County Recovery Resource Center
- Recovery Coaches in the Emergency Departments at Berkeley and Jefferson Medical Centers