

Regional Resource Guide



www.frnotp.org – 304-262-5360

Regional Emergency Shelter

Faith Community Coalition
Homeless
Hot line: 304-960-5535
Only when no other shelter is available

Regional Year-Round Shelters

Eastern Panhandle Empowerment Center
Main Office
236 W Martin St Martinsburg, WV 25401 304-263-8522
•Assisting Victims of Sexual Assault,
•Domestic Violence, LGBT Targeting,
•Stalking, or Human Trafficking,
www.epecwv.org

CNI/Bethany House Women-Children Shelter
216 E. John Street
304-263-3510
communitynetworksinc.org/

Martinsburg Union Rescue Mission - Men Shelter
608 W. King Street
Martinsburg
304-263-6901
<https://martinsburgunionrescuemission.com/>

Regional Housing Resources

Martinsburg Housing Authority 703 Porter Avenue, Martinsburg, 25401, WV
304-263-8891
<http://www.wvaha.org/agencies.htm>

Habitat for Humanity of the Eastern Panhandle
630 W. Race St.
Martinsburg, WV 25401
304-263-3154
<http://www.habitatep.org/>

Telamon Corporation
304-263-0916
Home Buyer Education Classes,
Self-Help Housing,
Veteran's Housing Assistance
<https://www.telamon.org/>

Oxford Houses of West Virginia Eastern Panhandle
www.oxfordvacancies.com

Horizon Goodwill Industries: Youth (for ages 18-24) Case Management
100 Eagle School Rd.
Martinsburg, WV 25401
304-267-3177
<https://www.goodwill.org/>

Regional Transportation

Eastern Panhandle Transit Authority
(304) 263-0876
www.eptawv.com

Modivcare
Non- Emergency Medical Transportation
1-844-549-8353
<http://www.wvmedicaid.gov>

Eastern WV Regional Airport Authority
304-263-2106
<http://www.flymrb.com/airport/>

Regional Employment

Region 7 Workforce Development Board
Work Force WV Martinsburg
304-267-0065
wvregion7workforce.org/

State of West Virginia Rehabilitation Services Division
304-267-0005
<https://wvdrs.org>

Work Force WV Career Center- Unemployment
200 Viking Way, Martinsburg, WV 25402
304-267-0065
<http://workforcewv.org>

West Virginia Workers Compensation Division.
304-558-6279
<https://www.wvinsurance.gov/Workers-Compensation>

Regional Education

EPIC – Eastern Panhandle Instructional Cooperative
304-267-3595
Birth to Three, Early Head Start, Pre/K
<http://www.epicresa8.org/>

SPOKES (Strategic Planning in Occupational Knowledge for Employment and Success)
304-558-0280
<https://wvde.us/adult-education/spokes/>

Learning Center for Adult Education at James Rumsey Technical Institute
304-754-7925
<http://www.jamesrumsey.com/>

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Valley College
287 Aikens Center
Martinsburg, WV 25404
304-451-3172
www.valley.edu/campus-locations/martinsburg/
Shepherd University
304-876-5000
www.shepherd.edu

Lifelong Learning Program at
Shepherd University
304-876-5135
www.shepherd.edu/lifelonglearning

Harpers Ferry Job Corp
146 Buffalo Dr
Harpers Ferry, WV, 25425
304-728-5708
harpersferry.jobcorps.gov

Literacy Volunteers of the
Eastern Panhandle
304-264-0298
<http://lvep-wv.org/>

Regional Medical Resources

Shenandoah Community
Health Center
304-263-4999
<https://www.shencommhealth.com/>

WVU Cancer Institute
304-293-8012
(WVU imaging)
www.wvucancer.org/

University Healthcare:
Berkeley Medical Center
2500 Hospital Drive
Martinsburg, WV 25401
304)264-1000
<https://wvumedicine.org/berkeley/>

Good Samaritan Free Clinic
304-702-1584
<https://goodsamaritanfreeclinic.org/#/>

Healthy Smiles Oral Health
Center
58 Warm Springs Avenue,
Martinsburg, WV 25404
304-267-0250
<https://www.shencommhealth.com/oral-healthcare>

Valley Health /Spring Mills
120 Campus Drive,
Martinsburg, WV 25404
www.valleyhealthlink.com/springmills

WVU Medicine Primary Care
& Pediatrics
60 Maclaine Way,
Shepherdstown 25443
304-876-6343

WVU Medicine: Harpers
Ferry Family Medicine
171 Taylor Street
Harpers Ferry WV, 25425
304-535-6343
<https://wvumedicine.org/physicians/primary-care/harpers-ferry-family-medicine/>

Shepherd University
Wellness Center
304-876-5300
<http://shepherdwellness.com/>

Identity Crisis (Community
Fundraiser for Breast Cancer
Awareness- Cumberland
Valley, Inc. BCA-CV)
304-283-8300
www.identitycrisiswv.com

WV Tobacco Quit Line
1-877-966-8784

Traumatic Brain Injury
Services Resources
304-267-0100 ext 71125
<https://dhhr.wv.gov/bms/Programs/WaiverPrograms/TBIW/Pages/default.aspx>

Brain Injury Group of West
Virginia (BIG)
304-596-3550
<http://tbi.cedwvu.org/support-groups/>

Muscular Dystrophy
Association
304-344-9807 (Charleston)
304-598-6127 (Morgantown)
<https://www.mda.org/>

WVU Center for Diabetes
and Metabolic Health
1001 Sushruta Drive
Martinsburg, West Virginia
25401
304-596-5038

Diabetes Education
304-596-6839
<https://wvumedicine.org/berkeley/services/diabetes-education/diabetes-education/>

Dining with Diabetes
304-264-1936
<https://extension.wvu.edu/food-health/diabetes/dining-with-diabetes>

Tri-State Community Health
Center
261 Berkmore Pl. Suite 1A,
Berkeley Springs, WV 25411
304-258-5790
<http://tschc.org/berkeley.html>

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Shenandoah Community Health
99 Tavern Rd. Martinsburg,
WV 25411 304-263-7023
<https://www.shencommhealth.com/>

SHIP (Senior Health Insurance Program)
Medicaid Enrollment Helpline
304-257-2847
<http://www.wvship.org/>

CHIP Customer Service
1-877-982-2447
https://chip.wv.gov/current_members/Pages/default.aspx

HIV/AIDS testing and support
304-263-4999, ext. 1034
<https://www.shencommhealth.com/hiv-case-management>

Corporate Angel Network
Cancer patient travel assistance
914-328-1313
www.corpangelnetwork.org/

American Heart Association,
W.V. Affiliate
681-313-2070
<https://www.heart.org/en/affiliates/west-virginia/welcome-to-west-virginia>

Catastrophic Illness
Commission- WVDHHR
304-558-6073
<https://www.wvdhhr.org/cic/>

Black Lung Clinics Program
304-558-4007
www.dhhr.wv.gov/dpc/black_lung_clinics/pages/default.aspx

Regional Mental Health

Two Rivers Counseling, LLC
224 E. Liberty St. Charles
Town, WV 25414
304-725-7176
www.2riverscounseling.com

Parkhill Counseling, LLC
Address: 5086 Hammonds
Mill Rd. Falling Waters, WV
25419
Phone: 304-579-3272
www.parkhillcounseling.net

Christian Psychological
Service
55 Meridian Parkway
Suite 103, Martinsburg, WV
25404
304-260-8808
www.christian-psychological.com

Pathway Counseling
Services
604 Wilson St. Martinsburg,
WV 25401
304-262-8020

Psychological Counseling
Therapies PLLC
27 Polo Greene Drive,
Martinsburg, West Virginia
25401
304-901-4298
<https://pctpllc.tv/>

Inner Awakening Counseling
& Consultation, PLLC
115 Aikens Center, Suite 14,
Martinsburg, WV 25404
304-820-9365
www.innerawakening.solutions

Shenandoah Community Health
99 Tavern Rd.
Martinsburg, WV 25401
304-263-7023
<https://www.shencommhealth.com/behavioral-health>

A Brighter Tomorrow
Counseling
1586 Winchester Ave.
Martinsburg WV 25405
304-267-0818
www.abrightertomorrow.org

Callahan Counseling Services
1020 Winchester Avenue
PO BOX 1074
Martinsburg, WV 25401
304-886-4118
www.callahancounselingservices.com

Eastern Panhandle
Psychiatry
51 Street of Dreams,
Martinsburg, WV 25403
304-264-1442
www.eppsy.com

EastRidge Health Systems
235 South Water Street
Martinsburg, WV 25401
304-263-8954
<http://www.eastridgehealthsystems.org/>

Vaughn Counseling Center
312 W. King St. Martinsburg,
WV 25401 304-886-8975
www.vaughncounselingcenter.com

Simms Integrative Health
Services
312 W. King St. Martinsburg,
WV 25401
304-261-8456
www.simmshealth.com

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Rings of Life Therapy
323 Aikens Center,
Martinsburg, WV 25404
240-397-7023

Veterans Crisis Line
V.A Hospital #:
(304) 263-0811 ext. 7
OR
1-(800) 273-8255 press 1
<https://www.veteranscrisisline.net/>

Marshall University
Psychiatric Associates
877-691-1600
www.marshallhealth.org/services/psychiatry

Novus Healthcare
307 Medical Ct,
Martinsburg WV, 25401
304-260-1436
www.wvuniversityhealthcare.com

The Eastern Panhandle
Empowerment Center
(EPEC) www.epecwv.org
24/7 Hotline: 1-304-263-8292

Regional Addiction/Recovery

Health Care Advocates for
Recovery (HART)
443-333-3996
<https://sites.google.com/view/healthcareadvocatesforrecovery>

Addiction Treatment Systems
(Martinsburg Institute)
223 Eagle School Rd.
Martinsburg, WV 25401
304- 263-1101
www.addictiontreatmentsystems.com

Renovo Center
Washington Building, 150 E.
Burr Blvd, 1st Floor,
Kearneysville, WV 25430
681-252-1632
www.renovocenter.com

New Life Clinic
37 Veronica Dr. Martinsburg,
WV 25404
304-264-4020

Paloma Crisis Stabilization
and Detox Center
415 Wilson St. Martinsburg,
WV 25402
304-579-4455
https://www.callahancounseling.org/services/PALOMACS_U.en.html

Mountaineer Recovery Ctr.
3094 Charles Town Road
Kearneysville, WV 25430
304-901-2070
www.mountaineerbehavioralhealth.com/

Recovery Resource Center
400 West Stephen Street,
1st floor, Martinsburg, WV,
25401
304-350-3080
<http://recoveryresourcecenter.berkeleywv.org/resourcecenter/>

Narcotics Anonymous
(Almost Heaven Area)
P.O. Box 2641 Martinsburg, WV
25402 1-800-777-1515
<http://almostheavenareana.org/>

Alcoholics Anonymous
(Area 73)
24/7 Hotline: 1-800-333-5051
<https://www.aawv.org/>

Celebrate Recovery
(304) 262-6522
<https://www.nlccwv.org/celebraterecovery>

Substance Abuse & Mental
Health Services Admin.
<https://www.samhsa.gov/find-help/national-helpline>
National Helpline:
1-800-662-4357

Help 4 WV
<https://www.help4wv.com/>
844-435-7498

A Better Life Ministries
505 Virginia Avenue,
Martinsburg, West Virginia
25401
240-329-9083
<https://ablministries.org/>

Jefferson County
Community Outreach for
Resources and Education
(CORE) 304-676-5375
coreteamwv@gmail.com

Berkeley County CORE
Team 304-676-7138
coreteamwv@gmail.com

Centric – Addiction Recovery
Program
304-820-7406
www.centerinc.net/

Greater Recovery and
Community Empowerment
(GRaCE)
<https://www.strengtheningrace.com/>

Blue Ridge Recovery
Resource Center
<https://www.strengtheningrace.com/blue-ridge-recovery-resource-center>

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Regional Emergency Services

Homeland Security & Emergency Management

<https://dhsem.wv.gov/Pages/default.aspx>

Free Cell Phone for Emergency Calls

<https://www.truconnect.com/>

Disaster Distress Helpline
1-800-985-5990

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

WV State Police
Troop #2 District #1

<https://www.wvsp.gov/contactus/>

Probation Office & Court Information

<http://www.courtswv.gov/lower-courts/counties/berkeley.html>

American Red Cross
WV Headquarters
113 Lakeview Dr.
Charleston, WV 25313
304-340-3650

<https://www.redcross.org/local/west-virginia.html>

Suicide Prevention Hotline
1-800-273-8255

<https://dhhr.wv.gov/bhhf/resources/Pages/Suicide.aspx>

Regional Family Support Services

Board of Child Care
(304) 267-3300

<https://www.boardofchildcare.org/>

Child Abuse & Neglect
Hotline 1-800-352-6513

<https://dhhr.wv.gov/bcf/Services/Pages/Centralized-Intake-for-Abuse-and-Neglect.aspx>

Eastern Panhandle
Instructional Cooperative
(EPIC) 304-267-3595

109 S. College St.
Martinsburg, WV 25401
Birth to Three, Early Head
Start, Pre/K
<http://www.epicresa8.org/>

Burlington United Methodist
Family Services
304-260-5884
www.bumfs.org

Community Networks, Inc.
304-263-3510

<https://communitynetworksin.org/>

Community Combined
Ministries

www.communitycombined.org

Children's Home Society of
West Virginia
304-264-0225

www.childhswv.org

Parent Educator Resource
Center (PERCs)
304-558-3199

wvde.state.wv.us/osp/perc.html

Telamon Corporation
67 Aikens Center,
Martinsburg, WV 25404
304-263-0916

<https://www.telamon.org/where-we-work/west-virginia/>

WIC (Women, Infants, and
Children)

<http://www.signupwic.com>

About WIC:

<https://dhhr.wv.gov/wic/Pages/default.aspx>

Mountain Heart Community
Services, Inc.

304-262-1584

<http://www.mthtwv.com>

Community Alternatives to
Violence

304-262-4424

<http://www.comnav.org/>

Relatives as Parents
Program (RAPP)

304-562-0723

<https://www.missionwv.org/rapp>

Family Resource Network of
the Panhandle

304-262-5360

www.frnotp.org

WVSU Healthy
Grandfamilies

Office: 304-204-4007

Cell: 304-204-4361

<http://healthygrandfamilies.com/>

Bethany Christian Services

100 Medical Cir. Martinsburg,
WV 25401

304-620-2695

www.bethany.org

National Youth Advocate
Program

300 Foxcroft Avenue

Martinsburg, WV 25401

304-596-2390 or

1-800-747-0770

<https://www.nyap.org/nyap-locations/west-virginia.html>

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Family Advocacy, Support,
and Training (F.A.S.T.)
1-866-255-4370.

<https://www.lawv.net/About-Us/Programs/Behavioral-Health-Advocacy>

Catholic Charities
304-267-8837

www.catholiccharitieswv.org

Parent Educator Resource
Center 304-558-3199

wvde.state.wv.us/osp/perc.html

BE-Hive, LLC
205 N Queen St,
Martinsburg, WV 25401
304-813-3646

<https://behivellc.wixsite.com/be-hive>

West Virginia Counseling
and Advocacy Services
229 E. Martin St.
Martinsburg, WV 25401
304-260-6360

www.yapinc.org

Regional Youth Organizations

Boys and Girls Club of the
Eastern Panhandle
Corporate Office
P.O. Box 1184 Martinsburg,
WV 25402

304-263-1832
info@bgcepwv.org

<https://www.bgcepwv.net/>

Horses with Hearts Equine
Assisted Activities
1952 Files Cross Road in
Martinsburg, WV 25404
304-283-8071

www.horseswithhearts.com

Girl Scout Council of the
Nation's Capital
(202) 237-1670
(304) 263-8833 (Martinsburg)
<https://www.gscnc.org/>

Eastern Panhandle Young Life
304-283-2643 (Berkeley)
304-886-7426 (Jefferson)
<http://easternpanhandlewv.younglife.org/>

MODIFY with CED
(Mentoring & Oversight for
Developing Independence
with Foster Youth)
DHHR: 304-267-0100
Toll free: 866-720-3605
<https://dhhr.wv.gov/bcf/Services/Pages/MODIFY-Program.aspx>

Read Aloud West Virginia
304-345-5212
stateoffice@readaloudwv.org
<https://readaloudwv.org/>

Regional Senior Services

Social Security
57 Compass Pointe,
Martinsburg, WV 25404
Office: 866-416-1919
Toll free: 1-800-772-1213
www.ssa.gov

Elder Abuse Hotline
1-800-352-6513
<https://elderprotectioncenter.com/state-elder-abuse-hotlines/>

Adult Protective Services
(APS)
<https://dhhr.wv.gov/bcf/Services/Pages/Adult-Protective-Services.aspx>

Long-Term Care
Ombudsman (Enhancing the
Lives of Senior Citizens)
<http://www.wvseniorservices.gov/StayingSafe/tabid/57/Default.aspx>

A Place for Mom
Tri-county: 866-223-3192
Toll free: 866-440-5009
<https://www.aplaceformom.com/assisted-living/west-virginia>

Elmcroft Senior Living
200 Gloucester Dr.
Martinsburg, WV 25401
304-267-5800
www.elmcroft.com/community/elmcroft-of-martinsburg/

Genesis HealthCare
304-599-0395
<https://www.geneshcc.com/our-services/rehabilitation-therapy/our-services>

Countryside Assisted Living
1228 Berkeley Station Rd
Martinsburg, WV 25404
304-596-6227
www.countrysideassistedlivingwv.com

Guardian In-Home Services
101 Medical Ct. Suite 110,
Martinsburg, WV 25401
304-267-9088

A.A.R.P. (West Virginia)
Toll-Free Nationwide:
1-888-687-2277
<https://states.aarp.org/west-virginia/>

Age in Place West Virginia
101 Medical Ct. # 202,
Martinsburg, WV 25401
304-579-5853
www.ageinplacewv.com

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Clary Grove 304-263-8921
<http://www.clarygrovewv.com/>

Stonerise Healthcare
304-343-1950
<http://www.stonerisehealthcare.com/>

Panhandle Home Health, Inc.
208 Old Mill Rd. Martinsburg,
WV 25401
304-263-5680
www.panhandlehomehealth.org

Home Helpers of the
Panhandle
1314 Edwin Miller Blvd.
Martinsburg, WV 25404
304-433-8000 or
240-452-4650
www.homehelpershomecare.com/panhandle

Coordinating Council for
Independent Living
www.westvirginiaschoice.com

Central WV Aging Services
397-1 Mid-Atlantic Parkway
Martinsburg, WV 25404
304-267-3997
www.centralwvaging.org

Golden Mountaineer
Discount Card
304-558-3317
www.goldenmountaineer.wv.gov

Affordable Dentures
1-800-336-8873
www.affordabledentures.com

Regional Disability Services

Disability Rights WV
1-800-950-5250
www.drofwv.org

Eastern Panhandle Indigo
Children
E.P.I.C.WV@gmail.com
<http://www.epic-wv-autism.org/>

Coordinating Council for
Independent Living
304-291-9066
1-800-834-4070
<http://westvirginiaschoice.com/case-management/>

Mt. State Centers for
Independent Living
304-525-3324
<http://mtstcil.org/>

WVU Center for Excellence
in Disabilities
<http://www.cedwvu.org/>

People 1st of West Virginia
<http://peoplefirstwv.org/>

Marshall University Autism
Training Center
<http://www.marshall.edu/atc/>

West Virginia Schools for the
Deaf & Blind
304-822-4800
<https://www.wvsdb2.state.k12.wv.us/>

National Education for
Assistance Deaf Services
(NEADS)
978-422-9064
www.neads.org

National Federation of the
Blind of WV 304-993-5103
<https://www.nfb.org/about-us/state-affiliates/west-virginia>

Muscular Dystrophy
Association
1-833-275-6321
<https://www.mda.org/>

American Association of
The Deaf and Blind
Email: aadb-info@aadb.org
www.aadb.org

Autism Society of America
304-748-1331
<https://www.autism-society.org/>

Team River Runners—
Shepherd University
304-876-5463
<https://www.teamriverrunner.org>

Birth to Three
304-558-5388
<http://www.wvdhhr.org/birth23/>

Daily Companions, Inc
304-263-5008
<http://dailycompanionsinc.com/>

American Family Matters
304-350-1109
<http://afmwv.com>

ResCare
540-858-2572
<https://www.rescare.com/>

Stepping Stones Cottages
1636 Nadenbousch Ln,
Inwood, WV 2542
304-229-0570

Miracle Ear Children's
Foundation
1-888-679-3239
<https://www.miracle-ear.com/miracle-ear-foundation>

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Regional Veteran Services

Community Veterans Engagement Board (CVEB)
www.fourstatecveb.org

Veterans Crisis Line
V.A Hospital:
304-263-0811 ext. 7
OR
1-800-273-8255 press 1
<https://www.veteranscrisisline.net/>

Telamon – Housing Assistance for Veterans
304-263-0916
<https://www.telamon.org/wHERE-we-work/west-virginia/housing-financial-empowerment/>

Veterans of Foreign Wars
1-833-839-8387
<https://www.vfw.org/>

US Department of Veterans Affairs
844-698-2311
<https://www.va.gov/>

Martinsburg V.A Medical Center
510 Butler Avenue
Martinsburg, WV 25405
800-817-3807
<https://www.martinsburg.va.gov/locations/directions.asp>

VAMC Geriatric Clinic
304-263-0811 Ext: 5814
<https://www.martinsburg.va.gov/services/ecrc.asp>

Martinsburg Vet Center
300 Foxcroft Ave. Suite 100A, Martinsburg, WV 25401
304-263-6776
<https://www.vetcenter.va.gov/>

Military OneSource
1-800-342-9647
<http://www.militaryonesource.mil/>

West Virginia Military Family Assistance Programs
<https://wvde.us>

Toll Free Numbers for Veterans:
https://iris.custhelp.va.gov/app/answers/detail/a_id/1703/~-/toll-free-numbers-for-contacting-va

Regional Government Services

Social Security
1-800-772-1213
<https://www.ssa.gov/>

Legal Aid of West Virginia
1-866-255-4370
<https://www.lawv.net/>

First Energy/Potomac Edison Power Outage:
1-888-544-4877
Potomac Edison:
1-800-686-0011
<https://firstenergycorp.com/fehome.html.html>

Additional Regional Service Organizations

Community Combined Ministries
304-268-8778
www.communitycombined.org

Telamon Corporation
304-63-0916
<https://www.telamon.org/>

Safe Haven
304-264-0225
<http://www.childhswv.org/>

Horizon Goodwill Industries
<https://www.goodwill.org/>

The Salvation Army
111 Ellis Street, Martinsburg, WV 25404
304-267-4612
<http://salvationarmymwv.org/>

United Way of The Eastern Panhandle
304-263-0603
www.uwayep.org

American Cancer Society-Relay for Life
1-800-227-2345
<https://secure.acsevents.org>

Cuddling Angels
814-288-8915
www.cuddlingangels.com

Moose Club
630-906-3658
<https://www.mooseintl.org/>

Regional Business Services

Berkeley County Chamber of Commerce
198 Viking Way
Martinsburg, WV 25401
304-267-4841
www.berkeleycounty.org/

Eastern Panhandle Home Builders Assoc.
304-267-4710
easternwvhomebuilders.org/

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Eastern Panhandle Business Association
304-263-8981
<http://www.berkeleycounty.org/womens-network/directory/name/eastern-panhandle-business-association/>

West Virginia Attractions
<http://www.westvirginia.com/eastern/>

Eastern Panhandle SHRM (Society for Human Resource Management) Chapter
<https://ep.shrm.org/>

Regional Arts and Recreation

Tourism Office | WV Department of Commerce
<https://commerce.wv.gov/tourism-office>

West Virginia Tourism
1-800-225-5982
<https://wvtourism.com/>

Eastern Panhandle - West Virginia Tourism
wvtourism.com/explore/by-region/eastern-panhandle/

West Virginia Department of Art, Culture, and History
<http://www.wvculture.org/arts/ethnic/easternpan.html>

Eastern Panhandle Region Attractions
http://www.thingstodo.com/states/WV/eastern_panhandle.htm

West Virginia State Parks
http://www.stateparks.com/eastern_panhandle_west_virginia_parks.html